



# *Anthroposophic Medicine*

## International Postgraduate Medical Training / IPMT for Doctors and Medical Students

Parallel courses for other health professionals available

February 08 <sup>th</sup> – 14 <sup>th</sup> , 2014	Buenos Aires / Argentina
March 22 <sup>nd</sup> – 29 <sup>th</sup> , 2014	Bangkok / Thailand
March 29 <sup>th</sup> – April 05 <sup>th</sup> , 2014	Iloilo / Philippines
May 02 <sup>nd</sup> – 09 <sup>th</sup> , 2014	Lviv / Ukraine
May 10 <sup>th</sup> – 17 <sup>th</sup> , 2014	Fair Oaks / USA
May 30 <sup>th</sup> – June 06 <sup>th</sup> , 2014	Sungai Jawi / Malaysia
July 05 <sup>th</sup> – 12 <sup>th</sup> , 2014	Melbourne / Australia
July 13 <sup>th</sup> – 20 <sup>th</sup> , 2014	Nantou / Taiwan
July 20 <sup>th</sup> – 26 <sup>th</sup> , 2014	Beijing / China
August 02 <sup>nd</sup> – 09 <sup>th</sup> , 2014	St. Petersburg / Russia
August 16 <sup>th</sup> – 23 <sup>rd</sup> , 2014	Cesky Krumlov / Czech Republic
August 24 <sup>th</sup> – 31 <sup>st</sup> , 2014	Vršac / Serbia
October 13 <sup>th</sup> – 20 <sup>th</sup> , 2014	Lima / Peru
November 09 <sup>th</sup> – 16 <sup>th</sup> , 2014	Mumbai / India
December 13 <sup>th</sup> – 20 <sup>th</sup> , 2014	Havana / Cuba
January 03 <sup>rd</sup> – 10 <sup>th</sup> , 2015	Western Cape / South Africa

Additional and Special Module in Connection with IPMT 2014:

June 29<sup>th</sup> – July 04<sup>th</sup>, 2014    Advanced training for school doctors in Wilton / USA

## Programme 2014

*International Postgraduate Medical Training / IPMT*  
*Medical Section at the Goetheanum • School of Spiritual Science • Dornach / Switzerland*

## Ecce Homo

In the heart  
Feeling is weaving,

In the head  
Thinking is shining,

In the limbs  
Will is thrusting.

Weaving shining,  
Thrusting weaving,  
Shining thrusting:  
This is - the human being.

*Rudolf Steiner, Christmas 1919  
From: Verses and Meditations, Rudolf Steiner Press 1961*

*Anthroposophy adds insight into the spiritual human being to the knowledge of the physical human being which alone can be gained from the contemporary methods of natural science.*

Ita Wegman, MD, Rudolf Steiner, PhD

Dear Colleagues and Medical Students,

The International Postgraduate Medical Training (IPMT) offers a way into Anthroposophic Medicine for general medical practitioners and specialists alike, and finishes with an international certificate in Anthroposophic Medicine. No previous knowledge is required. The IPMT is also an opportunity to come together with colleagues from other cultures and discuss topics of mutual interest. The multilingual setting, with many of the courses being taught by German-speaking experts, attracts people who do not necessarily understand the local language. And communication is possible thanks to the many who can translate back and forth.

Anthroposophic Medicine was inaugurated by Rudolf Steiner, PhD (1861-1925), an Austrian philosopher, Goethe researcher, and the originator of the anthroposophic method of knowledge, in collaboration with the Dutch doctor Ita Maria Wegman, MD (1876-1943), when the first clinics were established in Arlesheim (Switzerland) and Stuttgart (Germany) in 1921. Anthroposophic Medicine is now practised in over 60 countries.

We have been offering this international postgraduate training in Anthroposophic Medicine since 2002. Our aim is to make certified training in or an introduction to Anthroposophic Medicine available in any country where it is wanted. This is done by helping people to help themselves – each course is organized by colleagues in the country where it is held, to the extent that this is feasible. It is hoped that they can simultaneously create the conditions for establishing their own national associations for Anthroposophic Medicine and can independently carry on with the work in their countries at some point. One of the prerequisites is to have good contacts in countries where Anthroposophic Medicine is already well-established, and with the relevant centres of expertise in Europe. That is one reason why we are always glad of participants from the well-established countries.

Living under one roof and surrounded by nature that supports their Goetheanistic plant observations and studies, IPMT participants learn to know a form of medicine that aims to do more than develop a way of diagnosis and therapy that comprehends the whole human being, nature and the cosmos. It also seeks to understand the social dimension of illness and health. Our work thus includes the dramatic aspect of destiny (affecting both individuals and humanity as a whole), questions of inner spiritual development, professional ethics, and healthy ways of working in society. We place particular importance on the primarily salutogenetic, preventative approach of anthroposophic self development, art therapies, Waldorf education (with its relevance for preventative medicine), and biodynamic agriculture, which works to regenerate the soil.

We look forward to your participation!

Michaela Glöckler, MD  
Medical Section at the Goetheanum

## Concept and Working Modus of the IPMT

- The schooling of sense perception and active ways of thinking as a basis for new diagnostic faculties.
- A practical introduction to diagnostics and therapy with anthroposophic medicaments, artistic activities, eurythmy therapy and other modalities.
- Professional ethics and meditative schooling, as necessary for understanding one's own profession, for forming therapeutic relationships and establishing therapeutic communities.

### The schooling of sense perception and active ways of thinking

1. In the mornings we will start with eurythmy, an art of movement that was developed before World War I by Rudolf Steiner in collaboration with movement artists and particularly Marie Steiner, an artist in the field of speech formation. All processes in nature, in the human being and in the arts can be made visible with the help of movement. Therefore, eurythmy movements do not have a symbolic character, but rather correspond to inner formative movements and shaping gestures, just as these correspond to the formative language of the realms of nature and of human speech. This is the archetypal alphabet of vowels and consonants which may be found in all languages. When we perform and practice these movements (eurythmy as "visible speech") we may develop a more subtle appreciation of formative and shaping processes in nature and in the human being, and hence for the processes of illness and healing.

The first training block covers the basic vowels and consonants, and a study of Rudolf Steiner's sketches for these forms. In subsequent training weeks, gestures corresponding to the tones and intervals in music will be added, as well as cosmic gestures linked to the planets and the signs of the zodiac.

2. After an introduction to the phenomenological method of working according to Johann Wolfgang von Goethe (1749-1832), we will divide into small groups in order to engage everyone through interactive learning. Goethe gave us the aphorism:

*Were not the eye born of the sun,  
It could never see the sun.*

*If God's own power lay not in us,  
How could the Divine enrapture us?*

According to Goethe, the processes of certain aggregate states of nature – the solid state of matter (mechanics), the liquid state of matter (hydraulics), the aeriform state of matter (aerodynamics) and the pure state of matter no longer accessible to physical description, such as warmth (thermodynamics), namely the four elements in the sense of Aristotelian meteorology – stand in direct connection to the inner experiences and possibilities of the soul and spirit. Goethe described this fact throughout his life's work.

We can reduce it to the succinct phrase "Like recognizes like". Just as the eye forms itself from the light to perceive light, the bones of the foot develop fully through walking, and each organ develops its functions through its own activity, so too human beings can only perceive and understand what they themselves have experienced, felt and thought in some form. In addition, Goethe formulated his ethical-religious attitude towards life accordingly: "One only learns to understand what one loves." Developing love as a force of cognition and thus creating a capacity for spiritual empathy is a further goal of this work. As Goethe said, the kind of observation used depends on the kind of thing being observed.

3. The third step is the schooling of thinking. For this purpose we will use chapters from the book *Fundamentals of Therapy* written jointly by Steiner and Wegman. After a short introduction, the work takes place in the same small groups as for the Goetheanistic studies. The groups use the text to practise a four-stage thought-schooling process:
  - a) Reading the text, numbering the paragraphs, and working through what has been said, in writing. Connections that remain incomprehensible or give rise to questions are written down for later discussion if they cannot immediately be satisfactorily answered.
  - b) The train of thought is followed from the first paragraph through to the last: How does one thought join to the next? Where does the train of thought apparently break off, in order to be taken up again at another place? Where do new thoughts start and – perhaps with apparently no connection – stand next to the first and second thoughts? What is the thread running through? Are we in a position to be able to reproduce the train of thought, developed by Steiner, ourselves? And what about the inner evidence of these thoughts?
  - c) While the first and second steps have more to do with the way in which the content is brought as thought forms, in the third step the emphasis lies in comprehending the composition of the chapter as a whole: How are the beginning and end related to each other? In the course of the paragraphs, do various important points reveal themselves or does the whole move towards a climax which is all important? Does one thought develop out of another in a more sculptural style or is it a more inspirational style where one thought does not directly join to the next, but rather has a loose illuminating association, i.e., a complementing form? In this third step, which has to do with a deeper, artistic grasping of the way in which the inner and outer structure of the chapter is built up, the possibility arises of unlocking the text in a much more intimate way as a work of art, a composition. Through this it may then be possible to come to a further, deeper understanding of what is expressed by the text.
  - d) The final stage of grasping in thought and understanding is the attempt to penetrate to its essential nature or inner reality. Rudolf Steiner's spiritual-scientific research rests upon supersensible experiences, which he was able to translate into clear concepts and thought connections. In that he could also put them into words, he was able to make them reproducible and comprehensible for present-day people. We want to take the reverse path: We go from the written text, to the activity of thought, to the artistic revelation and finally to the being of what was described and our own authentic experience of it.

## Diagnosics, Therapy and Pharmaceutical Experiments

First, we will work on the diagnosis of the members of the human being and the therapy arising from this, using either a characteristic case-study from the book *Fundamentals of Therapy* by Steiner/Wegman or an actual case from everyday practice. Some of these will take place over two consecutive afternoons. The diagnostic method is in the foreground on the first day. We then deliberately include the night as a source of inspiration and a part of the processing. If I have taken in a picture of a concrete situation with a patient, with as many details as possible, the question arises: What possible therapy does it reveal to me as a way to reach my therapeutic goal? I take this question into sleep and observe what other aspects reveal themselves when I have offered them to a higher wisdom. "Morning is wiser than evening" is an old folk saying. From a spiritual-scientific point of view we look at the material/physical aspect of things during the daytime, and during the night we look at the same things in a social/moral way, from a soul-spiritual vantage point. Therefore, some of the case studies are placed in such a way that a night lies between the discussion of diagnosis and that of therapy. We can thus learn to take note of how particular thoughts or points of view can transform themselves solely because we have taken them consciously into the night.

## Professional Ethics, Meditation and Self-development

The basic elements of the anthroposophic path of inner meditative schooling and self-development will be built up in close connection with a review and preview of each day, as well as incorporating the specific questions of participants. It will be shown and achieved inner evidence that our ethical/moral development is our most powerful salutogenic resource. It may become fact that – as Paracelsus said – in the end there is only one true healing power: love.

Work in small groups may be useful – particularly if practitioners of various professions are present. The groups can look at specific ethical concerns of particular relevance to psychotherapists, dentists, nurses, doctors, etc.

## How to obtain Certification

There are three requirements:

1. Participation in the five-level postgraduate training programme (attending one or more training modules per year, as desired)
2. Regular independent study, or work in a small local group (with mentoring or guidance from IPMT staff if needed)
3. Written evidence of at least two years of mentoring by a certified anthroposophic doctor.

For further details please see the International Criteria for Certification on the last page of this brochure.

## IPMT 5-Year Program

### First year:

Introduction to methodology, diagnostics and treatment in Anthroposophic Medicine. Practical examples of how anthroposophic remedies are produced and how to work with them. Overview of the inner meditative path to understand the human being in his/her emotional and spiritual dimensions according to a concrete understanding of how the system of immunological and self-healing processes can be stimulated by medicaments and meditative work.

*Recommended reading for individual study and small group work:*

Bolk's Companions: *Embryology, Biochemistry, Anatomy, Physiology*. To order: Louis Bolk Institut, Fax +31 343 515611, [www.louisbolk.nl](http://www.louisbolk.nl)

M.Evans, I.Rodger: *Anthroposophical Medicine. Healing for Body, Soul and Spirit*. Floris Books, Edinburgh, Great Britain 2000

P.Heusser: *Problems of Study Designs with Randomization, Blinding and Placebo*. Forsch Komplementaermed., Apr 1999; 6(2):89-102

*Vademecum for Anthroposophic Medicines, Der Merkurstab, Journal of Anthroposophic Medicine*, Vol. 62, 2009; [www.merkurstab.de/index.php5?page=123](http://www.merkurstab.de/index.php5?page=123)

R.Steiner, I.Wegman: *Fundamentals of Therapy: An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

### Second year:

Deepening of the Goetheanistic methodology for observation and for developing the faculty of thinking, in order to outline the path of spiritual diagnosis as a complement to mainstream medical diagnostics. Understanding the etheric body as a system of regeneration and life-giving functions and forces. Developing a concrete understanding of how thinking capacities and life processes interact and promote physical and spiritual health. Follow-up of a variety of single case studies and disease management examples.

*Recommended reading for individual study and small group work:*

H.U.Albonico et al.: *Febrile Infectious Childhood Diseases in the History of Cancer and Matched Controls*. Med. Hypotheses 1996; 51:315-20

J.S.Alm, J.Swartz et al.: *Atopy in Children of Families with an Anthroposophic Lifestyle*. Lancet 1999; 353:1485-88

R.Steiner: *How to Know Higher Worlds – the Modern Path of Initiation*. Anthroposophic Press, Inc. Hudson, NY, USA 1994

R.Steiner: *Esoteric Science*. GA 13. Anthroposophic Press, NY, USA 1972

### Third year:

Soul Development. The healing impact of the arts, especially tone eurythmy, music, speech, painting and sculpture therapy. Psychotherapy, psychiatric disease management. Anthroposophic medicine in medical specialties such as internal medicine, pediatrics, gynecology, intensive care, surgery and others. A cosmological understanding of the human being and the earth, projective geometry, metal treatment and working with medical meditations.

*Recommended reading for individual study and small group work:*

W.Goebel, M.Gloeckler: *A Guide to Child Health*. Floris Books, Edinburgh, Great Britain 2003

F.Husemann, O.Wolff: *The Anthroposophical Approach to Medicine*. Vol. 2 and 3 (Vol. 2 out of print, Vol. 3 publ. 2005, Anthropol. Press, Hudson, NY, USA)

G.Kienle, H.Kiene: *Die Mistel in der Onkologie. Fakten und konzeptionelle Grundlagen*. Schattauer, Stuttgart, New York, USA 2003  
G.Soldner, H.M.Stellmann: *Individual Paediatrics, May 2014*  
R.Steiner: *Education for Special Needs. The Curative Education Course*. GA 317. Rudolf Steiner Press, London, Great Britain 1998  
R.Steiner: *Manifestations of Karma*, GA 120. Rudolf Steiner Press, London 2011  
M.Girke: *Innere Medizin. Grundlagen und therapeutische Konzepte der Anthroposophischen Medizin*. Salumed Verlag, Berlin 2010

#### Fourth year:

Understanding "the healer within", the spiritual salutogenic resource of the higher self. The spiritual law of reincarnation and karma and its relevance for illness and health. The inner and outer origins of physical and mental diseases. Meditations for patients. Research methodology, documentation with academic standards. Anthroposophic medicine in daily practice, hospitals, home care etc.

*Recommended reading for individual study and small group work:*

M.Gloeckler, S.Langhammer, C.Wiechert: *Education – Health for Life*. Persephone, Dornach, Switzerland 2006. To order: Kooperative Dürnau, Im Winkel 11, DE-88422 Dürnau, [www.kooperative.de](http://www.kooperative.de)  
H.Kiene: *Komplementäre Methodenlehre. Cognition Based Medicine*. Springer Verlag, Berlin, Germany 2001  
G.Kienle, H.Kiene, H.U.Albonico: *Anthroposophic Medicine. Effectiveness, Utility, Costs, Safety*. Schattauer, Stuttgart, Germany 2006  
R.Steiner: *Intuitive Thinking as a Spiritual Path. A Philosophy of Freedom*. Anthroposophic Press, Hudson, NY, USA 1995  
R.Steiner: *Course for Young Doctors*. GA 316. Mercury Press, Spring Valley, NY, USA 1993  
R.Steiner: *Pastoral Medicine*. GA 318, Rudolf Steiner Press, London 1987  
R.Steiner: *Curative Eurythmy*. GA 315, Rudolf Steiner Press, London 1984

#### Fifth year:

Psychosocial pathology and therapy, the social dimension of the doctor's role and responsibility. The role of agriculture and economic life for the well-being of the social and individual life. Education as preventive medicine, the pedagogical law, pastoral medicine, the esoteric foundation of professional life: Professional life as service for humanity and the spiritual world. Daily life as a path of initiation. One of the fifth year training weeks will be held at the Goetheanum, School of Spiritual Science in Dornach / Switzerland.

*Recommended reading for individual study and small group work:*

V.Fintelmann (Hrsg): *Onkologie auf anthroposophischer Grundlage*. Verlag Johannes M. Mayer & Co. GmbH, Stuttgart, Germany 2002  
M.Gloeckler (Hrsg): *Anthroposophische Arzneitherapie für Aerzte und Apotheker*. Wissenschaftliche Verlagsgesellschaft mbH, Stuttgart, Germany 2012, 4<sup>th</sup> augmented edition (translation in preparation)  
M.Gloeckler, R.Heine: *The Anthroposophic Medical Movement, Dornach 2010*  
R.Steiner: *Agriculture. Spiritual Foundations for the Renewal of Agriculture*. Bio-dynamic Farming and Gardening Assoc., Inc. Kimberton, PA, USA 1993  
R.Steiner: *World Economy*, GA 340. Rudolf Steiner Press, 1990  
G.van der Bie: *Foundations of Anthroposophic Medicine. A Training Manual*. Floris Books, Edinburgh, Great Britain 2004

Here you'll find brochures about Anthroposophic Medicine for free download:

<http://medsektion-goetheanum.org/en/home/informationmedia/brochures>



Here you'll find a respectable number of English publications about Anthroposophic Medicine for free download:

<http://www.anthromed.org>

<http://www.merkurstab.de/index.php5?page=121&lang=0>

<http://www.louisbolk.org/publications/>

<http://medsektion-goetheanum.org/en/home/books/>

[http://www.ifaemm.de/F5\\_publi.htm](http://www.ifaemm.de/F5_publi.htm)

<http://www.cambase.de> (Literature database for Complementary Medicine)

<http://www.misteltherapie.de> (Mistletoe Therapy)

Here you'll find videos about Anthroposophic Medicine:

<http://medsektion-goetheanum.org/en/home/informationmedia/dvd/>

[http://www.vfk.ch/informationen/filme/iscador\\_en/](http://www.vfk.ch/informationen/filme/iscador_en/) and [http://www.vfk.ch/informationen/filme/lukasklinik\\_en/](http://www.vfk.ch/informationen/filme/lukasklinik_en/)

Here you'll find information about the International Coordination Anthroposophic Medicine (IKAM):

<http://medsektion-goetheanum.org/en/home/ikam/>

<http://www.ivaa.info/?p=5>

Here you'll find the International Young Medics Forum:

<http://www.jungmedizinerforum.org/index.php?id=51&L=2>

Here you'll find materials about phenomenology:

<http://www.dynamisch.nu/feno/english/e1intro.html>

Here you'll find some producers of Anthroposophic Medicine:

<http://www.weleda.com>

<http://www.helixor.com>

<http://www.wala.de/english>

<http://www.abnoba.com>

# Buenos Aires / Argentina

## February 8<sup>th</sup> – 15<sup>th</sup>, 2014

Centro Loyola, Av. Balbin, 3226 San Miguel, Buenos Aires, Argentina

Saturday 08.02.2014	Sunday 09.02.2014	Monday 10.02.2014	Tuesday 11.02.2014	Wednesday 12.02.2014	Thursday 13.02.2014	Friday 14.02.2014	Saturday 15.02.2014
7:15 – 8:15 Eurythmy – Vowels and Consonants in Connection with the Gestures for the Planets and the Zodiac <i>Carmen San Miguel</i>							
B R E A K F A S T							
9:00 – 10:30 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution Introduction to the Seven Life Processes <i>Michaela Gloeckler</i> <i>S. Cordeiro, E. Dipaolo, M. A. Fernandez, C. Fiallo Montero, M. Gatica, K. Humbroich, N. Manassi, E. Suarez</i>							
C O F F E E / T E A B R E A K							
11:00 – 12:15 Text Study in small Groups, working with Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter III: The Phenomena of Life <i>S. Cordeiro, E. Dipaolo, M. A. Fernandez, C. Fiallo Montero, M. Gatica, K. Humbroich, N. Manassi, E. Suarez</i>							
L U N C H B R E A K							12:15 – 13:30 Closing and Distribution of Certificates
14:00 – 14:30 Artistic Activities 14:30 – 15:30 Projective Geometry <i>Georg Gloeckler</i>							
C O F F E E / T E A B R E A K							
16:00 – 17:30 and 17:45 – 19:15 Introduction to Anthroposophic Neurology: Parkinson's Disease, Epilepsy, Multiple Sklerosis, Polyneuropathy, Headache <i>Knut Humbroich</i> Anthroposophic Psychotherapy <i>Adelina Reno, Adriana Massieri</i> Child Development in the First Seven Years <i>Michaela Gloeckler, Miguel da Graca Belchior, Doris Unger, Marcela C. Almeyda</i> Anthroposophic Pharmacy <i>Marina Limardo</i>							
18:15 – 20:00 Welcome and Introduction to the Theme and the Working Modus	E V E N I N G B R E A K						
20:30 – 21:30 Supper	19:00 – 19:30 Review of the Day 19:30 – 20:45 Meditation as a Source of Strength for Medical, Therapeutic and Educational Work <i>Michaela Gloeckler</i>						

Languages to be used: Spanish, German

For further information or registration: Sandra Rivero, [ipmtargentina2013@gmail.com](mailto:ipmtargentina2013@gmail.com)

Programme changes possible

## Bangkok / Thailand March 22<sup>nd</sup> - 29<sup>th</sup>, 2014

StarWell Garden Home Resort, 151 Moo 6, Thai Samakkhi, Wang Nam Khiao, Nakhon Ratchasima 30370, Tel: 081 389 7474

Saturday 22.03.2014	Sunday 23.03.2014	Monday 24.03.2014	Tuesday 25.03.2014	Wednesday 26.03.2014	Thursday 27.03.2014	Friday 28.03.2014	Saturday 29.03.2014
8:00 – 8:45 Eurythmy Exercises to Enliven Self-Experience and Therapeutic Intuition: Vowels and Planets, Consonants and the Zodiac <i>Aban Bana</i>							
8:50 – 10:15 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution: The Seven Life Processes and Manifestations of the Etheric Introduction: <i>Michaela Gloeckler</i>							
C O F F E E / T E A B R E A K							
10:45 – 12:15 Text Study and Thinking Exercises in Small Groups using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter III: The Phenomena of Life						11:30 – 12:30 Closing and Distribution of Certificates	
L U N C H B R E A K							
14:00 – 15:15 A Problem-Oriented Module on the Work of School Doctors (with child studies) <i>Renata Wispler</i> Anthroposophic Cancer Treatment <i>Harald Matthes</i> Pressel Massage <i>Elma Pressel</i> Strengthening the Etheric Organisation with Hygienic Eurythmy <i>Dilnawaz Bana</i>							
C O F F E E / T E A B R E A K							
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	15:45 – 17:15 Home Care Treatment <i>Elma Pressel</i> Allergy and Autoimmune Diseases <i>Harald Matthes</i> Practical Pedagogical Intervention: Facing the Needs of Challenging Children with the Practical Tools of Waldorf Education <i>Michaela Gloeckler</i>						
E V E N I N G B R E A K							
18:30 – 19:00 Review of the Day 19:00 – 20:30 Inner Development and Outer Biography: Life as a Path of Schooling – How to Strengthen the Health and Immunity of Teacher and Child through Self-Education <i>Michaela Gloeckler</i>							

Language to be used: English

For further information or registration: Porn Panosot, [anthrothai@hotmail.com](mailto:anthrothai@hotmail.com)  
 Tel. +66 2441 9040 3 Fax: +66 2441 9044, <http://ipmtthailand.weebly.com>

Programme changes possible

**Iloilo / Philippines**  
**March 29<sup>th</sup> – April 5<sup>th</sup>, 2014**

Mere Monique Retreat House, Ticud, La Paz, Iloilo

Saturday 29.03.2014	Sunday 30.03.2014	Monday 31.03.2014	Tuesday 01.04.2014	Wednesday 02.04.2014	Thursday 03.04.2014	Friday 04.04.2014	Saturday 05.04.2014
8:00 – 8:45 Eurythmy Therapy <i>Grace Zozobrado-Hahn</i>							
9:00 – 10:45 Welcome and Introduction to the Theme and the Working Modus <i>Michael Evans</i>	9:00 – 9:30 Morning Echo and Introduction to Morning Work						Review of the Week, Important Learning, Future Plans, Festive Ending
	9:30 – 10:45 Reading the Book of Nature – Goetheanistic Observations and Widening our Faculties of Perception Experiential Medicinal Plant Study <i>Michael Evans and others</i>						
COFFEE / TEA BREAK							
11:15 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter VII: The Nature of Healing Functions						Questions and Answers	
LUNCH BREAK							
14:15 – 15:30 Anthroposophic Child Health Topics							
Waldorf Education as Preventive Medicine <i>Michael Evans, Lolet Tan</i>	Embryology and Birth <i>Karin Michael</i>	Healthy Nutrition and Environment <i>Karin Michael</i>	Treating Common Physical Illnesses in Childhood <i>Karin Michael</i>	External Treatments <i>Karin Michael</i>	Developmental Disorders and Remedial Education <i>Karin Michael</i>	Treating Common Emotional Disorders in Childhood <i>Karin Michael</i>	
COFFEE / TEA BREAK							
16:00 – 17:30 Pediatric Patient Study <i>Led by Karin Michael</i>		16:00 – 17:30 Case histories presented by participants who have attended previous IPMTs <i>Facilitated by Michael Evans</i>					
EVENING BREAK							
18:30 – 20:00 Introduction to Anthroposophic Medical Meditations A Medical Breviary <i>Michael Evans</i>	18:30 – 20:00 Healing Impulses of Anthroposophy <i>Michael Evans</i>	18:30 – 20:00 Anthroposophic Medical Meditative Exercises A Medical Breviary Focus Presentations and Small Group Work <i>Introduced by Michael Evans</i>					
20:00 – 20:30 Review of the Day							

**Lviv / Ukraine**  
**May 2<sup>nd</sup> - 9<sup>th</sup>, 2014**

Rekolektsijno-Vidpochinkovij Tsentr, vul. Shiroka 4, m. Lviv-Brjuhovichi, 79491, Ukraine

Friday 02.05.2014	Saturday 03.05.2014	Sunday 04.05.2014	Monday 05.05.2014	Tuesday 06.05.2014	Wednesday 07.05.2014	Thursday 08.05.2014	Friday 09.05.2014
	8:30 – 9:25 Strengthening the Kidney System with Tone and Speech Eurythmy Therapy <i>Julija Zhylytsova</i>						
	9:30 – 11:00 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature and Healing Plants Introduction: <i>Michaela Gloeckler, Stefan Langhammer</i>						
	C O F F E E / T E A B R E A K						
	11:30 – 12:45 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter IX: The Role of Protein in the Human Body and Albuminuria <i>O. Cheprasova, T. Derbycheva, T. Goncharenko, N. Gorbachova, M. Rykina and Y. Volchenko</i>						12:15 – 13:00 Closing and Distribution of Certificates
	L U N C H B R E A K						
	14:15 – 15:45 Medicines for the Kidney and Adrenal System <i>Johannes Zwiauer, Natalia Kostinskaya (to be confirmed)</i> Anxiety in Connection with the Four Protein-Forming Organs (Theory) <i>Jacques Meulmann, Leo Reitsma</i> Advanced Course in Oil Dispersion Baths (for advanced) <i>Reinhold Schoen</i>						
	C O F F E E / T E A B R E A K						
17:00 – 18:15 Welcome and Introduction to the Theme and the Working Modus	16:15 – 17:45 Anamnesis and Diagnosis in Anthroposophic Medicine <i>Roland Frank</i> The Physiology, Pathology and Therapy of the Kidney and Adrenal System <i>Daphne von Boch</i> Anxiety in Connection with the Four Protein-Forming Organs (case studies) <i>Jacques Meulmann, Leo Reitsma</i> Introduction to Oil Dispersion Baths <i>Reinhold Schoen</i>						
	E V E N I N G B R E A K						
19:15 – 20:30 Signatures of Human Embryonic Development <i>Yevgen Volchenko</i>	19:00 – 19:45 Singing and Review of the Day 19:45 – 21:00 Illness and Karma – Ethical and Biographical Questions <i>Michaela Gloeckler, Stefan Langhammer, Jacques Meulmann</i>						

Languages to be used: Ukrainian, Russian, German

For further information or registration: Lesya Levkiv, [lesya.levkiv@gmail.com](mailto:lesya.levkiv@gmail.com)

Programme changes possible

# Fair Oaks / USA

## May 10<sup>th</sup> – 17<sup>th</sup>, 2014

Rudolf Steiner College, 9200 Fair Oaks Boulevard, Fair Oaks, CA 95628

Saturday 10.05.2014	Sunday 11.05.2014	Monday 12.05.2014	Tuesday 13.05.2014	Wednesday 14.05.2014	Thursday 15.05.2014	Friday 16.05.2014	Saturday 17.05.2014
7:15 B R E A K F A S T							7:15 Breakfast and Departure
8:15 – 9:00 Eurythmy Exercises to Enliven Self-Experience and Observation Faculties <i>Glenda Monasch</i>							
9:15 – 10:30 Interactive Learning in Small Groups: Medical Observation Exercises, Introduction: <i>Michaela Gloeckler</i> Nursing Course <i>Christoph von Dach, Elisabeth Sustick</i> Rhythmical Massage Therapy Course <i>Margaret Kerndt, Marlies Schade, Janice Balaskas</i>							
C O F F E E / T E A B R E A K							
11:00 – 12:15 Text Study and Thinking Exercises in Small Groups using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter VI: Blood and Nerve Nursing Course <i>Christoph von Dach, Elisabeth Sustick</i> Rhythmical Massage Therapy Course <i>Margaret Kerndt, Marlies Schade, Janice Balaskas</i>							
L U N C H B R E A K							
15:00 – 18:00 Registration	14:00 – 15:30 Renewal of Pharmacy <i>Albert Schmidli</i> Compresses, External Therapies for Doctors <i>Alicia Landman</i> Child Development, Child Health <i>Mark Kamsler</i> Nursing Course <i>Christoph von Dach, Elisabeth Sustick</i> Rhythmical Massage Therapy Course <i>Margaret Kerndt, Marlies Schade, Janice Balaskas</i>						
	C O F F E E / T E A B R E A K						
	16:00 – 17:30 Clinical Introduction, Adam Blanning Nutrition <i>Philip Incao</i> Women's Health Concerns <i>Andrea Rentea</i> Nursing Course <i>Christoph von Dach, Elisabeth Sustick</i> Rhythmical Massage Therapy Course <i>Margaret Kerndt, Marlies Schade, Janice Balaskas</i>						
E V E N I N G B R E A K							
19:15 – 21:00 Welcome and Introduction to the Theme and the Working Modus	19:15 – 20:30 The Healing Power of Self-Knowledge and Inner Development <i>Michaela Gloeckler</i>					20:30 Celebratory Conclusion with Certificates	

## Sungai Jawi / Malaysia

### May 30<sup>th</sup> – June 6<sup>th</sup>, 2014

Bukit Jawi Golf Resort, Lot 414, Mukim 6, Jalan Paya Kemian Sempayi, 14200 Sungai Jawi, Seberang Perai Selatan, Pulau Pinang

Friday 30.05.2014	Saturday 31.05.2014	Sunday 01.06.2014	Monday 02.06.2014	Tuesday 03.06.2014	Wednesday 04.06.2014	Thursday 05.06.2014	Friday 06.06.2014
8:30 – 9:20 Eurythmy Exercises to Enliven Self-Experience and Observation Faculties: Vowels and Planetary Movements, Consonants and Zodiac Gestures <i>Hsin-Shih Lai</i>							
9:30 – 10:45 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution Introduction: <i>Michaela Gloeckler</i>							
C O F F E E / T E A B R E A K							
11:15 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter III: The Phenomena of Life For curative educators and remedial teachers: Work on an Educational Text by R. Steiner							12:00 – 13:00 Closing and Distribution of Certificates
L U N C H B R E A K							
14:30 – 15:45 Organ Phenomenology: Patient Studies <i>Rosalinda Maglana</i> Anthroposophic Nursing <i>Damarisa Cerales, Paulita Baclig (both to be confirmed)</i> Learning with Ease - Infant Sensory Motor Development and Learning Challenges and Exercises for Intervention <i>Edith Bulle</i> Aspects of Anthroposophic Art Therapy <i>Hildrun Rolff</i> Introduction to Biodynamic Agriculture <i>Hans Mulder</i> The Role of Money in Business and Society <i>Michaela Gloeckler</i>							
C O F F E E / T E A B R E A K							
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:15 – 18:30 Organ Phenomenology: Patient Studies <i>Rosalinda Maglana</i> Anthroposophic Nursing <i>Damarisa Cerales, Paulita Baclig (both to be confirmed)</i> Learning with Ease - Infant Sensory Motor Development and Learning Challenges and Exercises for Intervention <i>Edith Bulle</i> Aspects of Anthroposophic Art Therapy <i>Hildrun Rolff</i> Introduction to Biodynamic Agriculture <i>Hans Mulder</i> The Role of Money in Business and Society <i>Michaela Gloeckler</i>						
E V E N I N G B R E A K							
19:30 – 20:00 Review of the Day 20:00 – 21:15 Individual and Social Pathways to Develop Resources of Health <i>Michaela Gloeckler</i>							

# Melbourne / Australia

## July 5<sup>th</sup> – 12<sup>th</sup>, 2014

Melbourne Rudolf Steiner Seminar, Michael College, 37a Wellington Park Drive Warranwood, Vic., 3134

Saturday 05.07.2014	Sunday 06.07.2014	Monday 07.07.2014	Tuesday 08.07.2014	Wednesday 09.07.2014	Thursday 10.07.2014	Friday 11.07.2014	Saturday 12.07.2014
8:30 – 9:15 Eurythmy Exercises to enliven Self-Experience and Therapeutic Intuition <i>Sue Gould</i>							
9:15 – 10:30 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution: The Seven Life Processes Introduction: <i>Michaela Gloeckler</i>							
C O F F E E / T E A B R E A K							
11:00 – 12:15 Text Study and Thinking Exercises in Small Groups Using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter III: The Phenomena of Life <i>Irmhild Kleinhenz, Lakshmi Prasanna, Michael Kokinos, Lisa Devine, Simon Bednarek and others</i>							Closing and Distribution of Certificates
L U N C H B R E A K							
13:45 – 15:15 Plant Remedies (Yarrow, Rosemary, Chamomile, Salvia, Lavender and Melissa) <i>Various people</i> Anthroposophic Psychotherapy <i>Davide Bertorelli (Sun-Tue), Lisa Devine (Wed-Fri)</i> Working with The Lower Senses through Rhythm and Movement as a Healing Tool (for Therapists, Curative Educators, Remedial Teachers) <i>Lakshmi Prasanna, Michael Kokinos</i>							
C O F F E E / T E A B R E A K							
17:00 Welcome and Introduction to the Theme and the Working Modus  Registration	15:45 – 17:30 Prescribing Clinical Sessions following on from Healing Plants (Doctors/Naturopaths/Homeopaths) <i>I. Kleinhenz, S. Bednarek</i> Therapeutic Eurythmy <i>Sue Gould</i> Curative Education & Social Therapy <i>Lakshmi Prasanna</i> Meaning of Health and Illness in the Musculo-Skeletal System – Pain, Loss of Mobility <i>Michael Kokinos</i> Anthroposophic Psychotherapy <i>Davide Bertorelli (Sun-Tue), Lisa Devine (Wed-Fri)</i>						
E V E N I N G B R E A K							
18:00 DINNER	18:30 – 19:00 Singing and Review of the Day 19:00 – 20:30 Inner Development as a Fundament of Health, Self Knowledge and Social Competence <i>Michaela Gloeckler</i>						

Language to be used: English

For further information or registration: Dr. Simon Bednarek [simon.bednarek@gmail.com](mailto:simon.bednarek@gmail.com)

Programme changes possible



# Nantou / Taiwan

## July 13<sup>th</sup> – 20<sup>th</sup>, 2014

SunLinkSee Grand Hotel, No. 6, Xishan Rd., Zhushan Township, Nantou County 557, Taiwan (R.O.C.)

Sunday 13.07.2014	Monday 14.07.2014	Tuesday 15.07.2014	Wednesday 16.07.2014	Thursday 17.07.2014	Friday 18.07.2014	Saturday 19.07.2014	Sunday 20.07.2014
8:00 – 8:40 Therapeutic Principles in Eurythmy: Vowels, Consonants, Music and Colour <i>Düpalii Din (to be confirmed)</i>							
8:45 – 10:15 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature and Healing Plants Introduction: <i>Michaela Gloeckler</i>							
C O F F E E / T E A B R E A K							
10:45 – 12:15 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter XII: Upbuilding and Secretion in the Human Organism For curative educators and remedial teachers: Work on an Educational Text by R. Steiner							11:30 – 12:30 Closing Ceremony Distribution of Certificates
L U N C H B R E A K							
14:15 – 15:45 Anthroposophic Nursing and External Treatment <i>Michelle Vette</i> Curative Education and Remedial Teaching <i>Edith Bulle</i> Anthroposophic Psychiatry (for doctors) <i>Boris Krause</i> Introduction to Biodynamic Agriculture <i>Jakes Jajakaran</i>							
C O F F E E / T E A B R E A K							
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:15 – 17:45 Curative Education and Remedial Teaching <i>Edith Bulle</i> Anthroposophic Psychiatry (for non-doctors) <i>Boris Krause</i> Oncology in Anthroposophic Medicine (for doctors) <i>Jan Feldmann</i> Introduction to Biodynamic Agriculture <i>Jakes Jajakaran</i>						
E V E N I N G B R E A K							
19:00 – 19:30 Singing and Review of the Day							
19:30 – 20:45 The Destructive and Healing Impacts in Human Relationship <i>Michaela Gloeckler</i>							

**Beijing / China**  
**July 20<sup>th</sup> – 26<sup>th</sup>, 2014**

Sunday 20.07.2014	Monday 21.07.2014	Tuesday 22.07.2014	Wednesday 23.07.2014	Thursday 24.07.2014	Friday 25.07.2014	Saturday 26.07.2014
	8:15 – 9:00 Tone Eurythmy Exercises (Tones, Intervals, Rhythms, Major/Minor) to Enliven Self-Experience and Therapeutic Intuition <i>Hsin-Shih Lai</i>					
	9:05 – 10:30 Interactive Learning in Small Groups: Goetheanistic Exercises to Explore the Working of Zodiacal and Planetary Forces in the Plant Realm Introduction: <i>Michaela Gloeckler</i>					
	C O F F E E / T E A B R E A K					
	11:00 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter V: Plant, Animal, Human Being					11:30 – 12:30 Closing and Distribution of Certificates
	L U N C H B R E A K					
	14:00 – 15:30 Introduction to Music Therapy <i>Stephan Kuehne</i> Introduction to Speech Therapy <i>Linden McCall (to be confirmed)</i> Medical and Constitutional Support for the Child with Learning Difficulties <i>Marina Kayser-Springorum</i> Using the Tools of Waldorf Education to Help Children with Learning Difficulties <i>Sibylle Raupach</i>					
	C O F F E E / T E A B R E A K					
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:00 – 17:30 Introduction to Music Therapy <i>Stephan Kuehne</i> Introduction to Speech Therapy <i>Linden McCall (to be confirmed)</i> Medical and Constitutional Support for the Child with Learning Difficulties <i>Marina Kayser-Springorum</i> Using the Tools of Waldorf Education to Help Children with Learning Difficulties <i>Sibylle Raupach</i>					
	E V E N I N G B R E A K					
	19:00 – 19:30 Singing and Review of the Day					
	19:30 – 20:30 The Healing Task of the Arts and Understanding the Macrocosm and Microcosm in Anthroposophic Medicine <i>Michaela Gloeckler</i>					

Languages to be used: English, Mandarin

Programme changes possible

For further information or registration: [ipmtbeijing2012@gmail.com](mailto:ipmtbeijing2012@gmail.com), Ms. Zhang Chunhua (English): 0086-13501229280, Ms. Mi Chunling (Chinese): 0086-15010062646

## St. Petersburg / Russia

### August 2<sup>nd</sup> – 9<sup>th</sup>, 2014

Komarovo Sanatorium, Lisij Nos, St. Petersburg

Saturday 02.08.2014	Sunday 03.08.2014	Monday 04.08.2014	Tuesday 05.08.2014	Wednesday 06.08.2014	Thursday 07.08.2014	Friday 08.08.2014	Saturday 09.08.2014	
	9:30 – 10:30 Bothmer Gymnastics or Eurythmy <i>(to be announced)</i>	9:00 – 9:50 Introduction to Bothmer Gymnastics or Eurythmy <i>(to be announced)</i> 10:00 – 10:30 Introduction to the Small Group Work <i>Stefan Langhammer</i>						
		C O F F E E / T E A B R E A K						
12:00 – 14:00 Registration		11:00 – 13:10 Goetheanistic Observation Exercises to Explore the Working of Zodiacal and Planetary Forces in the Plant Realm Followed by: Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter IV: On the Nature of the Sentient Organism					12:00 – 13:00 Distribution of Certificates	
13:00 – 14:00 B I O – S N A C K		L U N C H B R E A K						
From 14:00 <i>Weekend Intensive:</i> Diagnosis and Therapy of Tuberculosis and Lung Cancer in Anthroposophic Medicine <i>Christian Grah</i>		15:00 – 16:15 Pharmaceutical Aspects of Selected Anthroposophic Remedies <i>(to be announced)</i> Therapeutic Eurythmy <i>Margarita Denisova</i>						
		C O F F E E / T E A B R E A K						
		16:45 – 18:30 Pregnancy, Neonatology and General Gynecology (with case studies) <i>Michaela Gloeckler, Angela Kuck</i> Anthroposophic Paediatrics <i>Christoph Meinecke</i> Bothmer Gymnastics <i>(to be announced)</i>						
		E V E N I N G B R E A K						
	Meeting of Russian Anthroposophic Doctors Association	20:00 – 20:30 Review of the Day 20:30 – 21:45 Anthroposophy and Rhythmology <i>Michaela Gloeckler</i>						

Languages to be used: Russian, German

For further information or registration: Denis Koshechkin, [info@terapeuticum.ru](mailto:info@terapeuticum.ru), Fax: +7 812 325 2364

Programme changes possible

# Cesky Krumlov / Czech Republic

August 16<sup>th</sup> – 23<sup>rd</sup>, 2014

Theater, Horni Brana 2 / Linecká School, Linecká 43 / Schlossreitschule, Na Dlouhe Zdi 178 / 38101 Cesky Krumlov

Saturday 16.08.2014	Sunday 17.08.2014	Monday 18.08.2014	Tuesday 19.08.2014	Wednesday 20.08.2014	Thursday 21.08.2014	Friday 22.08.2014	Saturday 23.08.2014
Arrival and free time to visit the town and its environs	8:30 – 9:15 Basic Elements of Curative Eurythmy, Movement and Colour, Social Exercises <i>Hana Giteva</i>					Perception Excursion (choose one): a) Demeter Farm (Agriculture) b) Bakery (Threefold Social Order) c) Creamery (Organic Architecture)	Reflection Groups & Feedback
	9:15 – 10:45 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution Introduction: <i>Philipp Busche</i>						
	C O F F E E / T E A B R E A K						
12:00 – 14:00 Registration Primary School Linecká	11:15 – 12:45 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter XIV: On the Therapeutic Way of Thinking						Review of the Week, Closing and Distribution of Certificates
L U N C H B R E A K							
15:00 – 16:30 <i>Public Lecture:</i> Health is not for Sale. The Doctor-Patient Relationship as the Core of Medicine <i>Peter Matthiessen</i>	15:00 – 16:15 From Diagnosis of the Members Comprising the Human Being to Therapy – Practical Basics for Every Day Clinical Practice <i>Philipp Busche</i> Architecture and Medicine: Organic Sculpting and Building <i>Oldrich Hozman</i> Introduction to Diagnostics and Therapy in Curative Education <i>Wilburg Keller-Roth</i> Basic Anthroposophic Remedies (for Pharmacists) <i>Herwig Judex</i> Training Module of the Milos Brabinek Academy (only for the Brabinek Academy) <i>Martin-Guenther Sterner</i>						13:00 – 14:30 <i>Public Lecture:</i> The Destiny and Nature of Cancer <i>Michaela Gloeckler</i>
C O F F E E / T E A B R E A K							
E V E N I N G B R E A K							
18:30 – 20:30 IPMT Opening Presentation of the Faculty and the Participants	16:45 – 18:00 Basic Principles of Anthroposophic Medicine <i>Adam Dobrylowsky, Johannes Weinzirl</i> Agriculture and Medicine – Land as an Athanon or Food as a Agent of Healing <i>Ralph Roessner</i> Metals – In the Human Organism and in Therapy <i>Philipp Busche</i> The Nature and Treatment of Cancer <i>Martin-Guenther Sterner</i> On the Collaboration of Priests and Doctors (Pastoral Medicine) <i>Tomas Bonek, Michaela Gloeckler</i>						
	E V E N I N G B R E A K						
	19:30 – 20:00 Review of the Day						
20:30 – 21:30 Concert: B. Smetana The Vltava	20:00 – 21:15 The Human Being – Earth – Technology – Money – Power: Pathologic and Therapeutic Impulses in the Social Life of the Present <i>Michaela Gloeckler</i>					20:00 – 23:00 Festive Closing Evening	

**Vršac / Serbia**  
**August 24<sup>th</sup> – 31<sup>st</sup>, 2014**

Psychiatric Hospital "Dr Slavoljub Bakalovic", Podvrsanska 13, 26300 Vrsac, Serbia

Sunday 24.08.2014	Monday 25.08.2014	Tuesday 26.08.2014	Wednesday 27.08.2014	Thursday 28.08.2014	Friday 29.08.2014	Saturday 30.08.2014	Sunday 31.08.2014
	8:30 – 9:20 Eurythmy – Vowels and Consonants in Connection with the Gestures for the Planets and the Zodiac <i>Nataša Kraus</i>						
	9:30 – 10:45 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution Introduction: <i>Michaela Gloeckler</i>						
	C O F F E E / T E A B R E A K						
	11:15 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter IV: On the Nature of the Sentient Organism						12:00 – 13:00 Closing Ceremony Distribution of Certificates
	L U N C H B R E A K						
	14:00 – 15:00 Introduction to Music Therapy <i>Susanne Reinhold</i>						
	15:00 – 16:00 Anthroposophic Pharmacy: Tria Principia and Pharmaceutical Processes <i>Johannes Zwiauer</i>						
	C O F F E E / T E A B R E A K						
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:30 – 18:00 Anamnesis and the Doctor-Patient Relationship <i>Mathias Sauer (to be confirmed)</i>						
	E V E N I N G B R E A K						
	19:15 – 19:45 Review of the Day						
	19:45 – 21:00 Meditation as a Source of Strength for Medical, Therapeutic and Educational Work <i>Michaela Gloeckler</i>						

## Lima / Peru October 13<sup>th</sup> – 20<sup>th</sup>, 2014

Casa de Retiro Cardenal Cushing, km 27,5 de la Carretera Central Chaclacayo, Lima, Perú

Monday 13.10.2014	Tuesday 14.10.2014	Wednesday 15.10.2014	Thursday 16.10.2014	Friday 17.10.2014	Saturday 18.10.2014	Sunday 19.10.2014	Monday 20.10.2014
7:30 – 8:15 Therapeutic Principles in Eurythmy: Vowels, Consonants, Music and Colour <i>Carmen San Miguel</i>							
B R E A K F A S T							
9:00 – 10:30 Phenomenological Exercises for Diagnosing the Members Comprising the Human Being Introduction: <i>Matthias Girke</i>							
C O F F E E / T E A B R E A K							
11:00 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter XIII: On the Essential Nature of Being Ill and of Healing							12:00 – 13:00 Closing and Distribution of Certificates
L U N C H B R E A K							
14:00 – 15:00							
Social Impulses in Anthroposophy <i>Daniel Yi-Peru</i>		Biodynamic Agriculture <i>René Piamonte-Peru</i>		Contemporary Alimentation <i>Michaela Gloeckler</i>		The Role of the School Doctor in Waldorf Schools <i>Michaela Gloeckler</i>	
Waldorf Education as Preventive Medicine <i>Michaela Gloeckler</i>			Aspects of Pastoral Medicine <i>Michaela Gloeckler</i>				
C O F F E E / T E A B R E A K							
17:00 – 18:30 Welcome and Introduction to the Theme and the Working Modus	15:40 – 16:50 and 17:05 – 18:15 Case Studies: Diagnosis, Medical Needs and Therapy <i>Matthias Girke</i>						
E V E N I N G B R E A K							
19:10 – 20:00 Chorus, followed by Review of the Day							
20:00 – 21:30 The Esoteric Path of the Doctor and Therapist: Anthroposophy as the Source in the Practice of Anthroposophic Medicine <i>Michaela Gloeckler</i>							

Languages to be used: Spanish, German

For further information or registration: Maïke Kergel de Villegas, [maïkegergel@hotmail.com](mailto:maïkegergel@hotmail.com)

Programme changes possible

**Mumbai / India**  
**November 9<sup>th</sup> – 16<sup>th</sup>, 2014**

Sunday 09.11.2014	Monday 10.11.2014	Tuesday 11.11.2014	Wednesday 12.11.2014	Thursday 13.11.2014	Friday 14.11.2014	Saturday 15.11.2014	Sunday 16.11.2014
	8:15 – 9:00 Eurythmy Exercises to Improve Diagnostic and Therapeutic Skills <i>Aban Bana</i>						
	9:05 – 10:30 Interactive Learning in Small Groups: Phenomenological Exercises for Diagnosing the Members Comprising the Human Being Introduction: <i>Michaela Gloeckler</i> <i>Swapna Narendra, Lakshmi Prasanna, Srinivasa Rao Nyapati and others</i>						
	C O F F E E / T E A B R E A K						
	11:00 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter XIX: Characteristic Case Histories (Case 1, 2 and 3) <i>Swapna Narendra, Lakshmi Prasanna, Srinivasa Rao Nyapati and others</i>						
	L U N C H B R E A K						
	14:30 – 16:00 Anthroposophic Medicine in General Practice <i>Sergio Francardo (to be confirmed)</i> Anthroposophic Physiotherapy and Occupational Therapy <i>Anna van Zelderden</i> Anthroposophic Psychotherapy <i>Ad and Henriette Dekkers</i> Medical and Constitutional Support for the Child with Learning Difficulties <i>Renata Wispler</i> Community Development Group <i>Simon Bednarek</i>						14:00 – 15:30 Closing Ceremony and Distribution of Certificates
	C O F F E E / T E A B R E A K						
16:30 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:30 – 18:00 Anthroposophic Medicine in General Practice <i>Sergio Francardo (to be confirmed)</i> Anthroposophic Physiotherapy and Occupational Therapy <i>Anna van Zelderden</i> Anthroposophic Psychotherapy <i>Ad and Henriette Dekkers</i> Medical and Constitutional Support for the Child with Learning Difficulties <i>Renata Wispler</i> Community Development Group <i>Simon Bednarek</i>						
	E V E N I N G B R E A K						
	19:00 – 20:00 Singing and Review of the Day 20:00 – 21:15 The Karmic Reasons for Health, Accidents and Diseases <i>Michaela Gloeckler</i>						

## Havana / Cuba December 13<sup>th</sup> – 20<sup>th</sup>, 2014

Casa Santa Maria Mazzarello, Carretera Peñalver km 2½, #515 e/Villa Maria y el Repollo, Apartado Postal 77, CP: 11100, Guanabacoa

Saturday 13.12.2014	Sunday 14.12.2014	Monday 15.12.2014	Tuesday 16.12.2014	Wednesday 17.12.2014	Thursday 18.12.2014	Friday 19.12.2014	Saturday 20.12.2014
	8:00 – 8:55 Therapeutic Principles in Eurythmy: Vowels, Consonants, Music and Colour <i>Carmen San Miguel</i>						
	9:00 – 10:30 Small Group Work: Phenomenological Exercises for Diagnosing the Members Comprising the Human Being Introduction: <i>Michaela Gloeckler</i> <i>Eduardo Dipaolo, Harald Matthes, Yván Villegas</i>						
	C O F F E E / T E A B R E A K						
	11:00 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter XVII: Insight into Substance as Basis for Insight into Medicines <i>Eduardo Dipaolo, Harald Matthes, Yván Villegas</i>						12:00 – 13:00 Closing and Distribution of Certificates
	L U N C H B R E A K						
	14:00 – 15:15 Pharmacy: Remedies to Treat Constitutions and Types (with case studies) <i>Eduardo Dipaolo, Yván Villegas</i>						
	C O F F E E / T E A B R E A K						
16:00 – 17:30 Welcome and Introduction to the Theme and the Working Modus	15:45 – 17:30 Case Studies (focus on autoimmune diseases, rheumatic diseases) <i>Harald Matthes</i>						
	E V E N I N G B R E A K						
	18:00 – 18:30 Review of the Day 18:30 – 20:00 Meditative Training and Spiritual Community Building as Instruments of Progress in Society <i>Michaela Gloeckler</i>						



## Western Cape / South Africa January 2<sup>nd</sup> – 9<sup>th</sup>, 2015

Friday 02.01.2015	Saturday 03.01.2015	Sunday 04.01.2015	Monday 05.01.2015	Tuesday 06.01.2015	Wednesday 07.01.2015	Thursday 08.01.2015	Friday 09.01.2015
	8:30 – 9:20 Tone Eurythmy Exercises (Tones, Intervals, Rhythms, Major/Minor) to Enliven Self-Experience and Therapeutic Intuition <i>Silke Sponheuer</i>						
	9:30 – 10:45 Interactive Learning in Small Groups: Goetheanistic Exercises to Explore the Working of Zodiacal and Planetary Forces in the Plant Realm Introduction: <i>Michaela Gloeckler</i>						
	C O F F E E / T E A B R E A K						
	11:15 – 12:30 Text Study and Thinking Exercises using Steiner/Wegman: <i>Fundamentals of Therapy</i> , Chapter IV: On the Nature of the Sentient Organism						Closing Ceremony Distribution of Certificates
	L U N C H B R E A K						
	14:30 – 15:15 Therapeutic Painting / Therapeutic Modelling / Singing <i>Michael Grimly, Angela Katschke, Christine Goodall (to be confirmed)</i>						
	15:15 – 16:15 Projective Geometry <i>Briar Grimley, Keith Struthers, Martin Wigand (to be confirmed)</i>						
	C O F F E E / T E A B R E A K						
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:45 – 18:15 Anthroposophic Oncology <i>Friedemann Schad</i> Introduction to Anthroposophic Psychotherapy <i>Ad and Henriette Dekkers (to be confirmed)</i>						
	E V E N I N G B R E A K						
	19:15 – 19:45 Review of the Day						
	19:45 – 21:00 Macrocosm and Microcosm in Anthroposophic Medicine <i>Michaela Gloeckler</i>						

# Additional and Special Module in Connection with IPMT 2014:

## Wilton / USA June 29<sup>th</sup> – July 4<sup>th</sup>, 2014

Center for Anthroposophy, Wilton, NH 03086, New Hampshire

Sunday 29.06.2014	Monday 30.06.2014	Tuesday 01.07.2014	Wednesday 02.07.2014	Thursday 03.07.2014	Friday 04.07.2014
	8:30 – 9:00 Morning Gathering with Soul Calendar Verse, Singing, Eurythmy and Morning Announcements				
	9:00 – 10:30 What do children need for healthy development? How can one develop in children the capacity to accept responsibility and to strengthen the will? How can motivation and joy in life be encouraged? How can resiliency and healthy self-esteem be strengthened? <i>Michaela Gloeckler</i>				
	T E A / C O F F E E / S N A C K				
	11:00 – 12:30 What are the developmental conditions for self-esteem, attentiveness, concentration, inner strength and tranquillity in later life? <i>Michaela Gloeckler</i>				11:30 – 12:45 Closing Ceremony
	L U N C H A N D F R E E T I M E				
	14:30 – 15:45 How can potential behavioral issues – such as anxiety, aggression, restlessness and depression – be recognized early and treated in a prophylactic manner? <i>Michaela Gloeckler</i>				12:45 – 13:30 GOODBYE LUNCH
	J U I C E / W A T E R / F R U I T				
	16:00 – 17:00 What leads to addictive behaviors and how can they be counteracted? <i>Michaela Gloeckler</i>				
	1 7 : 3 0 D I N N E R				
From 19:30 Festive Opening at High Mowing School, Wilton					From 19:30 Evening Events

## Ideas for Diagnosing the Integration of the Members Comprising the Human Being

The ego body gives the	physical etheric astral spirit	= = = =	form inner movement inner life ensoulment	
The astral body gives the	physical etheric astral spirit	= = = =	movement desire feeling thinking	
The etheric body gives the	physical etheric astral spirit	= = = =	self-experience self-knowledge self-preservation memory	
The physical body gives the	physical etheric astral spirit	= = = =	egoity = being in oneself + image/idea: + sending, feeling + perception +	
Sense organ ←	Sense organ physical body	Life organ etheric body	Soul organ astral body	"I"- organ "I"- body

*Translated from: Beiträge zur Rudolf Steiner Gesamtausgabe Nr. 34, Aufzeichnungen Rudolf Steiners zur Sinneslehre, Rudolf Steiner Verlag, Summer 1971, p. 23*

## The Foundation Stone Mediation of the Goetheanum in Dornach (Switzerland)\*

Soul of Man!

Thou livest in the limbs,  
Which bear thee through the world of space  
Into the ocean-being of the spirit:  
Practise *spirit-recalling*  
In the depths of soul,  
Where in the wielding  
World-Creator-Being  
Thine own I  
Comes into being  
Within the I of God;  
And thou wilt truly *live*  
In human world-all being.

For the Father-Spirit of the heights holds sway  
In depths of worlds begetting life:  
Spirits of Strength,  
Let there ring forth from the Heights  
What in the Depths is echoed,  
Speaking:  
Out of the Godhead we are born.  
This is heard by the spirits  
    in East, West, North, South:  
May human beings hear it.

Soul of Man!

Thou livest in the beat of heart and lung,  
Which leads thee through the rhythm of time  
Into the realm of thine own soul's feeling:  
Practise *spirit-awareness*  
In balance of the soul,  
Where the surging deeds  
Of the world's becoming  
Do thine own I  
Unite  
With the I of the World;  
And thou wilt truly *feel*  
In human souls' creating.

For the Christ-Will in the encircling round holds sway  
In the rhythms of the worlds, blessing the soul:  
Spirits of Light,  
Let there be fired from the East  
What through the West is formed,  
Speaking:  
In Christ, death becomes life.  
This is heard by the spirits  
    in East, West, North, South:  
May human beings hear it.

Soul of Man!

Thou livest in the resting head  
Which from the ground of the eternal  
Opens to thee the thoughts of worlds:  
Practise *spirit-beholding*  
In the stillness of thought,  
Where the eternal aims of gods  
World-Being's Light  
On thine own I  
Bestow  
For thy free willing;  
And thou wilt truly *think*  
In human spirit depths.

For the Spirit's Universal Thoughts hold sway  
In Cosmic Being, craving for light;  
Spirits of Soul,  
Let there be prayed in the Depths  
What from the Heights will be answered,  
Speaking:  
In the Spirit's Universal Thoughts the soul awakens.  
This is heard by the spirits  
    in East, West, North, South:  
May human beings hear it.

At the turning point of time  
The Spirit-Light of the world  
Entered the stream of earth existence;  
Darkness of night  
Had held its sway;  
Day-radiant Light  
Poured into souls of men;  
Light  
That gives warmth  
To simple shepherds' hearts;  
Light  
That enlightens  
The wise heads of kings.

O Light Divine,  
O Sun of Christ,  
Warm Thou  
Our hearts;  
Enlighten Thou  
Our heads;  
That good may become,  
What from our hearts  
We found,  
What from our heads  
We direct  
With single purpose.

By Rudolf Steiner

\*The verses of the Foundation Stone Meditation printed above were formulated by Rudolf Steiner at the Goetheanum during the Christmas Conference of 1923/24. He thus gave the founders of the Anthroposophical Society a shared spiritual substance and simultaneously laid the spiritual foundation stone for the Goetheanum as a School of Spiritual Science. The Foundation Stone offers a clear orientation for Anthroposophic Medicine in the interplay between the macrocosm and the microcosm, and it points out a path to gaining knowledge of how human beings have evolved from out of the spiritual foundations of existence.

## International Criteria for Certification as Anthroposophic Physician

1. The basic condition for certification as an anthroposophic physician is a completed medical training (registration).
2. Evidence of at least one year's full-time study of the basics in Anthroposophy and Anthroposophic medicine, or of part-time training for at least three years, or of comparable intensive private study, including long-distance learning.
3. Evidence of at least two years' practical additional training at a hospital or clinic recognized by the Medical Association in the country concerned or by the Medical Section at the Goetheanum, or in an Anthroposophic general/specialist practice, or in the applicant's own practice with a mentor.
4. Submission of at least two documented case histories and evidence of a mentor discussion in which the applicant can demonstrate that he or she is able to handle the basics of Anthroposophic medicine. Independently and apart from this, the regulations agreed on by the relevant national Medical Association apply to the issuing of certificates. For colleagues in countries where adequate training facilities are not yet in place, a procedure has been established at the Medical Section at the Goetheanum for establishing an applicant's qualification as an Anthroposophic physician and issuing a certificate.
5. Provisional regulations at the appropriate level are established by the different national Medical Associations.
6. Individual national Medical Associations can decide on the potential need for recertification.
7. These International Criteria have been passed by the representative body of the Boards of Anthroposophical Medical Associations on 20 September 2002 and confirmed by the International Federation of Anthroposophical Medical Associations / IVAA Council on 19 January 2003.

To find out more about certification in other professions (for therapists, nurses, pharmacists, etc.) please contact the coordinator. A list of international coordinators with email addresses is available at: <http://www.medsektion-goetheanum.org/en/home/ikam/>

If you would know your own being,  
Look around you in the world on all sides.  
If you would truly see and understand the world,  
Gaze into the depths of your own soul.

Rudolf Steiner

*Letter to the Members, March 30th, 1924*

*Translated from: Rudolf Steiner, Die Konstitution der Allgemeinen Anthroposophischen Gesellschaft der Freien Hochschule für Geisteswissenschaft, p.66, Rudolf Steiner Verlag 1987, vol. GA 260a*

We appreciate any donations to support this international training initiative to the following accounts:


For transfers from Switzerland: Allg. Anthrop. Gesellschaft, Med. Sektion, Raiffeisenbank Dornach, Account: 10060.56, Clearing: 80939  
IBAN: CH53 8093 9000 0010 0605 6, BIC: RAIFCH22, Reason for Payment: IPMT

For transfers from other countries: Allg. Anthr. Gesel., Med. Sektion, Postbank, DE-76118 Karlsruhe, Account: 335 327 750, BLZ: 660 100 75,  
IBAN: DE59 6601 0075 0335 3277 50, BIC: PBNKDEFF, Reason for Payment: IPMT

Please see our website for further information and IPMT updates:

<http://ipmt.medsektion-goetheanum.org/en/>

Chair of IPMT: Michaela Gloeckler M.D.

Fax +41 61 7064291  
 +41 61 7064475


michaela.gloeckler@medsektion-goetheanum.ch

Medical Section

Goetheanum  
School of Spiritual Science

CH – 4143 Dornach

Organisation: Stefan Langhammer

Fax +41 61 7064291  
 +41 61 7064370

stefan.langhammer@medsektion-goetheanum.ch